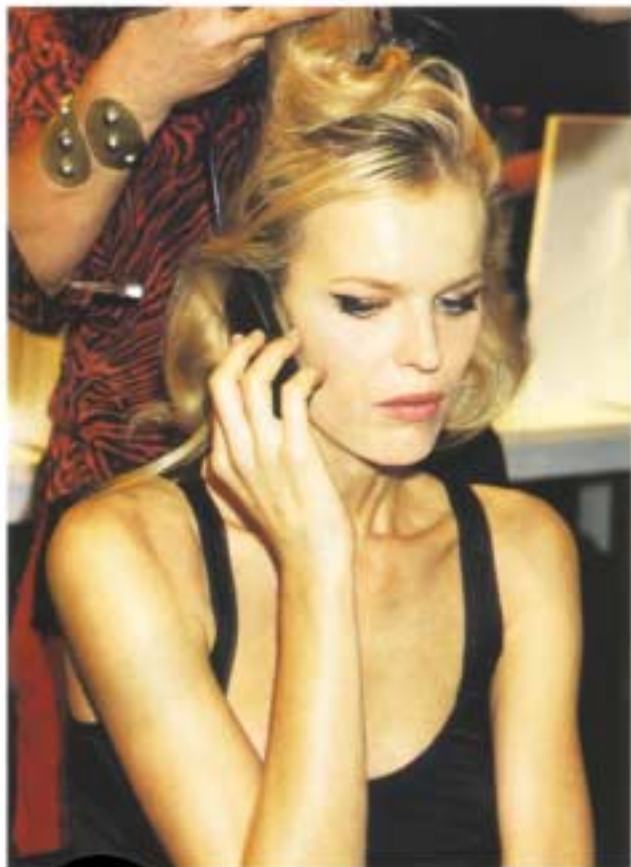


# Beauty 911



**You ask.** Three experts answer your beauty questions  
*By Denise Wild*

**Q** ■ I wear pencil eyeliner, but after a few hours, it melts at the outer edges. How can I stop this from happening? -Denise Osborne, New Westminster, B.C., winner of November's Aveda prize

**A:** Give your eyeliner more staying power by setting it with eyeshadow. When you are wearing eyeliner, the inside and outside corners of the eye are where it tends to smudge, so avoid drawing

the pencil line all the way to the edges. Use a kohl pencil to get solid, dark colour. Then, using a fine-angled brush and an eyeshadow that matches the colour of the eyeliner, go over the line and feather it out to the corners. That will set the pencil line and help keep it from running. Blending the line with your eyeshadow will also give you a softer, more flattering line. -Shelley Lashley, makeup artist, Amorphous Salon, Plutino Group, Toronto

**Q: Can broken facial capillaries be repaired?**  
-Vida Groen in't Woud, Richmond Hill, Ont.

**A:** Small, dilated red veins that appear on the cheeks and nose are due to various factors, including genetics, aging, overexposure to the sun and hormone changes from pregnancy or estrogen ingestion. Dilated veins are generally not a serious medical problem, but there are several treatment options available to reduce their appearance. Sclerotherapy (the injection of a chemical solution into the vein, which causes the vein to collapse) has a high risk of scarring when performed on the face. Electrocautery involves destroying the vein with an electric current, causing the vein to close off. It is moderately effective, but recurrence of the vein is common and it can leave pitted scarring. Lasers, using light energy to heat up and destroy the vessel, if used properly, are safe and offer probably the best treatment for facial veins. Using sunscreen and staying out of the sun can help prevent facial veins from forming. -Dr. Kucy Pon, dermatologist,

Sunnybrook and Women's College Health Sciences Centre, Toronto

**Q: Are over-the-counter tooth-whitening strips safe? There must be something very strong in them if they bleach your teeth after only a few uses. Can that be dangerous?** -Joanne Day, Burnaby, B.C.

**A:** Whitening Strips are relatively safe and are more effective than whitening toothpastes. The main ingredient is hydrogen peroxide, which acts to remove stains from the outer surface of the teeth. Whitening strips are not for everyone. The whitening process only occurs on the area that the strip contacts, often missing the sides and the back of the teeth. Strips are not custom-fitted, so they can sit against the gum tissue, causing localized inflammation. To get teeth looking their best, visit your dentist and discuss your whitening options to ensure that you are not just masking a problem.

-Dr. Joshua Charlat, Dentist, Compositum Dental Centre, Toronto.

**win!**

We want to know your beauty concerns. Send us your Beauty 911 question and you could win \$331 worth of Shiseido products.

Drop us a line at: Best Beauty 911, FLARE, 777 Bay St., 7th Floor, Toronto, Ont., M5W 1A7, fax: (416) 596-5194, email: beauty911@flare.com. The beauty director will select the winning question—if you permit it, the cosmetics are yours! For contest rules, see Where It's At.